

Sew from the Heart  
Student Supply List

**Class Name: Learn To Quilt - Machine Appliqué Class Series**

Instructor: **Judy Danz** [jdqltr@att.net]

Class: **#1 Friday, June 19<sup>th</sup> Buttonhole Stitch 1:30pm - 4:30pm #9984**

**#2 Friday, June 26<sup>th</sup> Satin Stitch 10am - 1pm #9988**

**#3 Friday, June 26<sup>th</sup> Invisible Stitch 1:30pm - 4:30pm #9989**

Learn all the “how-to’s” of machine appliqué! Each class will focus on a different machine appliqué technique and at the end of the series, you will have three heart blocks that you can finish into a small wall-hanging. In the last class the finishing pattern will be provided.

Note: you do not have to attend all three classes if you already know some of the techniques.

**Supplies Needed - All Classes:**

- Book: **Mastering Machine Appliqué** by Harriet Hargrave (REQUIRED).
- Sewing machine\* that can zig-zag (required), blanket stitch or overlock, and a blind-hem stitch.
- Basic Sewing Kit (required even if borrowing a machine).
- Pen or pencil and notebook.
- Open-toe appliqué foot (Bernina #20) (REQUIRED).
- 10 6”x6” squares of muslin or equivalent light fabric for background (1/3 yd) (REQUIRED).
- 6 6”x6” squares of scrap 100% cotton fabric that contrasts to the muslin (REQUIRED).
- One or more spools of thread for machine appliqué. Bring a thread selection for testing with the various appliqué techniques if you wish - color is not important. My recommendations are:
  - Isocord 40wt 100% polyester embroidery thread
  - Aurifil 40wt 100% cotton quilting thread (green spindle)
  - Superior Mono 100% polyester invisible thread
- Bobbin thread - OESD bobbin thread or a fine sewing thread such as 50wt Aurifil (orange spindle) will all work. Any color will work, but gray is a neutral color that will go with any project.
- 70/10 or 75/11 sharp needle for Isocord embroidery thread and Superior Mono.
- 90/14 quilting needle or 90/14 Organ embroidery needles for quilting thread.
- Teflon appliqué sheet: I recommend **The Appliqué Pressing Sheet** by Bare Thread Designs –or- the Nifty Notions Professional Grade Teflon Pressing Sheet (REQUIRED).
- Sharp scissors that can be used to cut paper and fabric- I have found that the iron-on fusible and freezer paper will dull scissors so this is **not** a project for your very best shears.

**Supplies Needed - Classes #1 & #2 (Satin and Button Hole):**

- ½ yd Steam-a-Seam 2 fusible web

**Supplies Needed - Classes #3 (Invisible Machine Appliqué):**

- Good fabric scissor with sharp points
- ½ yard Freezer paper
- 1 can Heavy Duty or Regular Spray Starch, either will work. Please no sizing.
- Small to medium size stencil brush
- Small travel or mini iron and small iron pad if you have it. I will bring several for you to use as well. The mini iron I recommend is the Creative Textile Tool. The Clover mini iron will work if you have one. A hot travel iron such as the Rowenta will work also.

OPTIONAL: If you chose to do the wall-hanging, **Home is Where the Heart Is**, see the supply list enclosed. That list is in addition to the supplies listed above.

Basic Sewing Supplies: \_Yes      \_No

*This includes the following items: Thread, good quality fabric scissors, small scissors or thread nips, straight pins, 6" seam gauge or ruler, seam ripper, fabric marker, assorted machine needles, pen and paper for notes, any other items you commonly use. Please call us with any questions.*

**Machine Requirements:** *\*Your machine should be in good working order. Please come with knowledge of operation suitable for the class content. Sew from the Heart is happy to provide one of our classroom machines for your use. Please reserve your machine at registration and plan to arrive 15-20 minutes ahead of class to give us time to get your machine set up and help you become familiar with the loaner machine.*

5/5/2009

# Home is Where the Heart is



An easy heart wall hanging to practice your machine appliqué skills.

Finished size: 17" x 34"

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# Home is Where the Heart is

## Fabric Requirements

- **Background:** ¼ yard
- **Hearts:** ¼ yard if you do single fabric hearts -OR- 9" x 9" squares in three different fabrics if you do scrappy
- **Sashing and inner border:** ⅛ yard
- **Outer border and binding:** 1 yard
- **Backing and Bating:** ¾ yard each
- **Fusible Web:** One 9" x 12" sheet Steam-a-Seam®
- **Freezer Paper:** one 8" x 8" scrap

## Notions & Other Sewing Supplies

- Sewing machine that can do a zig-zag stitch, a blanket stitch and an invisible hem stitch.
- Open-toe machine appliqué foot.
- Quarter-inch patchwork foot.
- Thread in appropriate colors for piecing, machine appliqué, machine embroidery and machine quilting.
- Medium weight tear-away stabilizer (Floriani recommended).
- Rotary mat, cutter, 24" ruler & 9" or larger square up.
- Iron, Teflon appliqué pressing sheet, pressing board.
- Basic sewing supplies you normally need for a day of sewing.
- Recommended for machine appliqué techniques: **Mastering Machine Appliqué** by Harriet Hargrave (C&T Publishing, 2001).



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